CHECKLIST FOR BLESSING BAGS

NECESSITIES:
☐ GALLON SIZE ZIPLOC BAG
☐ HAND-WARMERS
☐ BAG OF QUARTERS
☐ BOTTLE OF WATER
☐ BAND-AIDS
☐ BABY WIPES
☐ Hand Sanitizer
☐ WASH CLOTH
☐ FIRST AID KIT (TRAVEL-SIZED)

TOILETRIES:
☐ TOOTHPASTE
☐ TOOTHPASTE
☐ FLOSS
☐ SOAP
☐ DEODORANT
☐ SHAMPOO/CONDITIONER
☐ COMB
☐ PERSONAL HYGIENE ITEMS FOR WOMEN
☐ SUNSCREEN
☐ CHAPSTICK

PERSONAL ITEMS:
☐ NEW SOCKS
☐ NEW UNDERWEAR
☐ INEXPENSIVE GLOVES

NON-PERISHABLE FOODS:
☐ INSTANT OATMEAL PACKS
☐ GRANOLA BARS
☐ ENERGY BARS
☐ TUNA/CRACKER PACKS
☐ TRAIL MIX
☐ RAISINS
☐ PEANUTS
☐ FRUIT/ APPLESAUCE (WITH SPOON)
☐ GUM/HARD CANDY
☐ HOT COCOA/SPICED CIDER MIXES
☐ ON-THE-GO COFFEE MIXES
☐ TEA PACKETS
☐ BEEF JERKY STICKS

EXTRAS:
☐ NOTE OF ENCOURAGEMENT
☐ LIST OF LOCAL RESOURCES
☐ PREPAID PHONE CARD
☐ GROCERY STORE GIFT CARD

*Travel size toiletries work great

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